

West Seattle - Sumner - 82 Miles

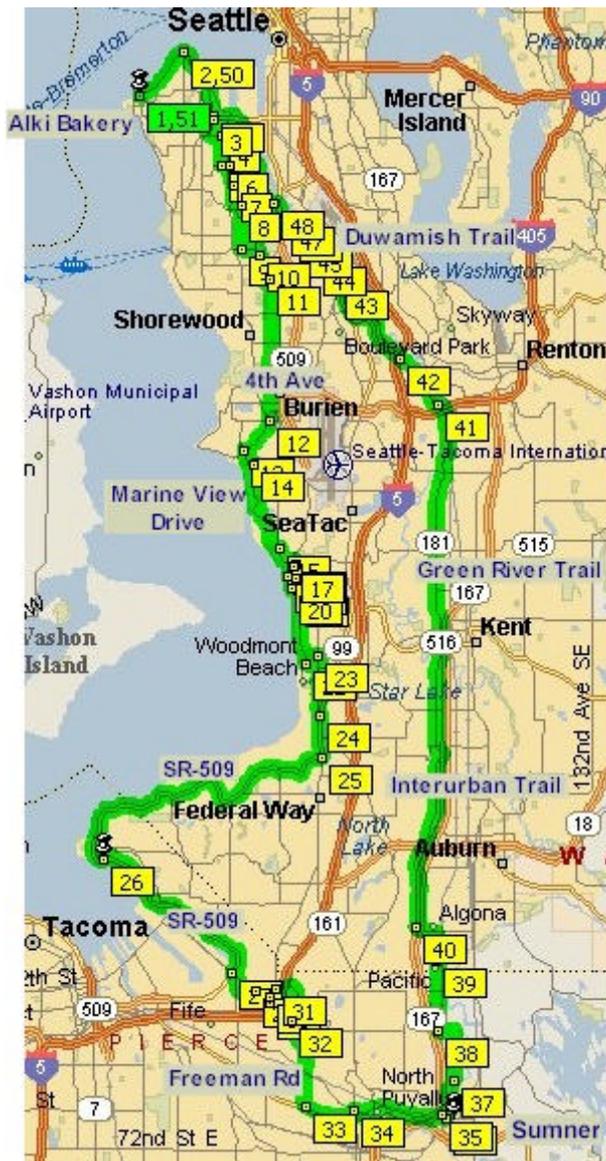
Mile	Instruction	For
1	0.0 Depart <i>Alki Bakery</i> going northeast on Alki Avenue SW .	1.6 mi
2	1.6 BR Continue on Harbor Ave SW .	1.9 mi
3	3.5 Cross under <i>West Seattle Bridge</i> , continue south on SW Avalon Way .	0.4 mi
	4.0 BL 30th Avenue SW then go left on SW Genesee Street .	0.3 mi
4	4.3 R 26th Avenue SW .	0.8 mi
5	5.1 L SW Brandon Street .	0.2 mi
6	5.2 BR 23rd Avenue SW (continue to right as Croft Place SW).	0.5 mi
7	5.7 BR 21st Avenue SW (continues at end to left as SW Myrtle Street).	0.8 mi
8	6.5 R 16th Avenue SW .	1.1 mi
9	7.6 L SW Henderson Street (continues to right as Henderson Place).	0.5 mi
10	8.1 BR 8th Avenue SW , then left on SW 102nd Street at park.	0.9 mi
11	9.0 R 4th Avenue SW (continues as Sylvester Road SW at SW 160th Street).	4.6 mi
13	13.6 L SW 172nd Street to 174th Street to 175th Place (13th Ave SW) .	0.5 mi
	14.1 L SW Shorebrook Drive .	0.1 mi
14	14.3 R Marine View Drive SW (continues at very end as SW 211th).	2.7 mi
15	17.0 R 1st Avenue S (SR-509) .	0.7 mi
16	17.7 R 7th Avenue S .	0.5 mi
18	18.2 R S 223rd Street (continues to right as Cliff Ave S).	0.2 mi
19	18.4 L Dock Street . (Rest stop at <i>Des Moines Marina</i>)	0.4 mi
20	18.8 L S 227th Street .	0.2 mi
21	19.0 R Marine View Drive S (SR-509) .	1.9 mi
22	20.9 L After <i>State Park</i> left on S 258th Street and continue left on 14th Place S .	0.4 mi
23	21.3 R 16th Avenue S .	1.6 mi
24	22.9 BR SR-99 - Pacific Hwy (SR-509) .	1.1 mi
25	23.9 R S Dash Point Road (SR-509) . (Rest stop at Cliff House - milepost 32.6)	13.7 mi
27	37.6 L Taylor Way E (continues to right as 54th Avenue E).	0.5 mi
28	38.1 L 8th Street E (continues to right as 62nd Avenue E).	0.7 mi
	38.8 L 12th Street E .	0.4 mi
29	39.2 L 68th Avenue E .	0.2 mi
30	39.3 R 10th Street E .	0.1 mi
	39.5 L 70th Avenue E .	0.2 mi
31	39.7 R Porter Way (after crossing Hwy 99).	1.0 mi
32	40.6 R Milton Way (Fife Way) and continue on Freeman Rd crossing Valley Ave .	2.7 mi
33	43.3 L N Levee Road E .	1.4 mi
	44.7 R Underpass and then north on SR-161 (Meridian) .	0.2 mi
34	44.9 R Valley Avenue E (continues to right over river as Pacific Avenue).	2.5 mi
	Rest stop - <i>Berry Land Cafe, 1101 Main Street, Sumner</i> .	
36	47.4 L Fryar Avenue (continues as 142nd Ave E then left as 24th Street E).	2.7 mi
38	50.1 R 136th Avenue E (continues after Nyberg Road as Valentine Ave SE).	1.8 mi
39	51.9 L 5th Avenue SE with an immediate right to Milwaukee Blvd .	1.3 mi
40	53.2 L 1st Avenue (4 Way Stop) and right on Interurban Trail .	0.1 mi
	53.3 R Take Interurban Trail to Green River Trail (left after bridge at River Park)	14.2 mi
41	67.5 R At north end of Fort Dent , continue along Interurban Avenue .	1.0 mi
42	68.5 R On trail past purple building. <i>Don't go under I-5</i> .	2.8 mi
	L Cross bridge on sidewalk (Pacific Avenue S).	
	L Pick up trail on north end of bridge and go left across river on footbridge.	
43	71.3 L W Marginal Place (continue to right on 14th Avenue S).	1.7 mi
44	73.0 L S Donovan Street .	0.4 mi
45	73.3 R 8th Avenue S .	0.4 mi
	73.8 L S Kenyon Street .	0.2 mi

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| 46 | 74.0 | R | 5th Avenue S and continue to left on S Holden Street . | 0.3 mi |
| 47 | 74.4 | R | W Marginal Way (stay on sidewalk). | 0.4 mi |
| 48 | 74.8 | BL | Cross under 1st Avenue (Hwy 99) .
Follow signs to Duwamish Trail , go right onto trail along Marginal Way .
Continue on West Marginal Way when trail ends, proceed to lighted intersection and pick up trail on opposite side. | 3.2 mi |
| 49 | 78.0 | R | Harbor Avenue SW . | 1.8 mi |
| 50 | 79.9 | BL | Alki Avenue SW . | 1.6 mi |
| 51 | 81.5 | | Return to Alki Bakery at 2738 Alki Ave SW . | |

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