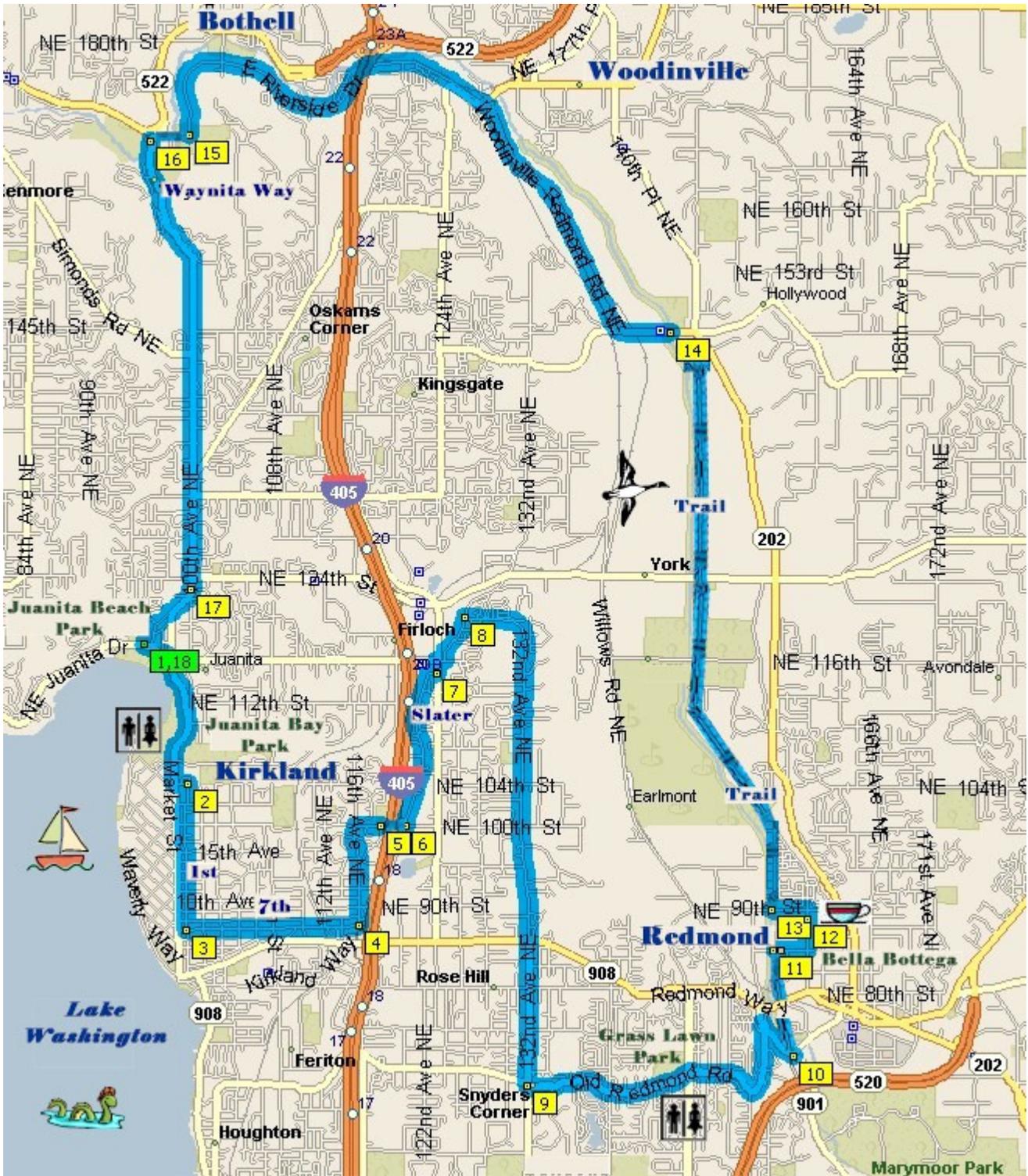


Juanita Beach Park - Redmond QFC (Bella Bottega)

24 miles

Mile	Instruction	For
1	0.0 R Depart <i>Juanita Beach Park</i> on NE Juanita Drive.	0.2 mi
	0.2 R 98th Avenue NE (becomes Market Street). (Take Old Market Street Trail through park.)	0.8 mi
2	1.0 L 20th Avenue, then right on 1st Street.	0.2 mi
	1.2 At 19th Avenue jog and continue uphill on 1st Street.	0.8 mi
3	2.0 L 7th Avenue (becomes NE 87th Street).	1.0 mi
4	3.0 BL 116th Avenue NE (<i>steep uphill</i>).	0.4 mi
	3.4 R NE 95th Street, then immediate left on 117th Place NE.	0.3 mi
5	3.7 R I-405 Overpass/NE 100th Street - <i>Spinney Homestead Park</i> .	0.2 mi
6	3.9 L Slater Avenue NE.	1.0 mi
7	4.9 L 124th Avenue NE, right on 116th Street. Then immediately bear left on Slater Avenue NE.	0.4 mi
8	5.3 R NE 120th Street (becomes 132nd Avenue NE).	3.2 mi
9	8.5 L Old Redmond Road (becomes 155th Ave SE). Rest stop at <i>Grass Lawn Park</i> on Old Redmond Road.	2.0 mi
	10.5 R W Lake Way (Continues as W Lake Sammamish Pkwy). <i>Immediately get on sidewalk and ride to next traffic light.</i>	0.2 mi
10	10.7 L Leary Way - <i>using crosswalk.</i>	0.2 mi
	10.9 Stay on sidewalk, cross bike bridge and immediately turn left to trail. R Lake Sammamish Trail and head north.	0.7 mi
11	11.6 R Leave trail at 3rd Bridge you come to (NE 85th Street). Go under bridge and immediately right, merge unto NE 85th Street, head east.	0.2 mi
	11.8 L 160th Avenue NE.	0.2 mi
12	12.0 R <i>Bella Bottega Shopping Center</i> . Rest Stop at <i>QFC</i> or <i>Starbucks</i> . Continue north on 160th Avenue NE.	0.1 mi
	12.1 L NE 90th Street.	0.2 mi
13	12.3 R Sammamish River Trail and head north.	3.7 mi
14	16.0 R Go under NE 145th and immediately turn right and loop back around to trail along 145th Street past <i>Red Hook Brewery</i> .	0.4 mi
	16.4 R Woodinville Redmond Road NE (SR-202).	2.4 mi
	18.8 Crosses under I-405 and becomes E Riverside Drive.	1.7 mi
15	20.5 R <i>Blyth Park</i> , pick up Burke Gilman Trail (over bridge, through tunnel).	0.2 mi
16	20.7 Immediately after tunnel at <i>Wayne Golf Course</i> leave trail.	0.1 mi
	20.8 R 96th Avenue NE (becomes Waynita Way NE, then 100th Avenue).	2.8 mi
17	23.6 R NE 120th Place (becomes 97th Avenue NE).	0.4 mi
18	24.0 Cross NE Juanita Drive and return to <i>Juanita Beach Park</i> .	



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