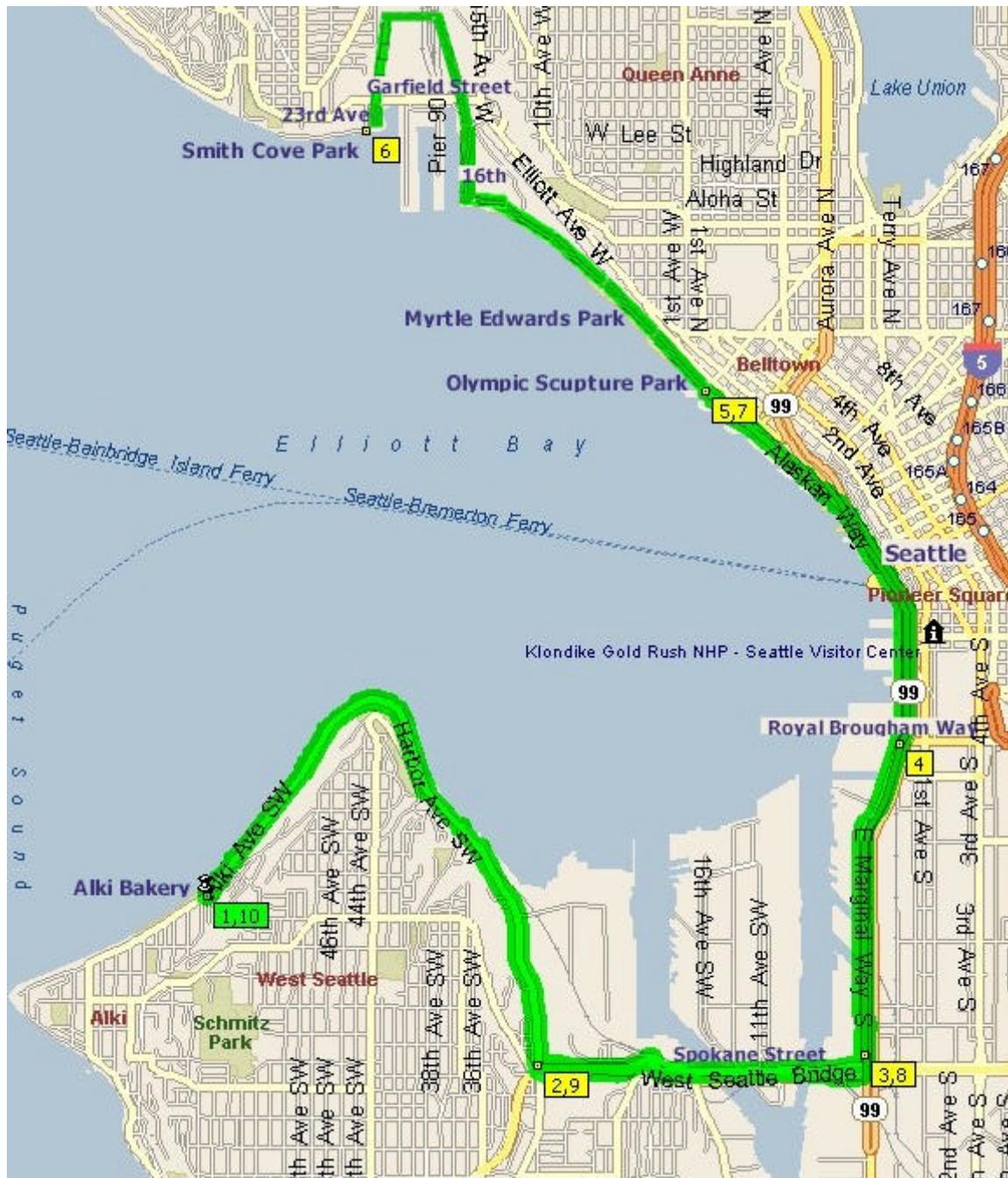


West Seattle - Smith Cove Park

24 miles

Mile	Instruction	For
1	0.0 Leave the <i>Alki Bakery</i> going north along the beach on Alki Avenue .	1.2 mi
	1.2 Road changes to Harbor Avenue SW and continues south along beach.	1.8 mi
2	3.0 L Stay on bike trail along SW Spokane Street .	1.6 mi
3	4.6 L E Marginal Way S (ride on either bike trail or in bike lane).	1.0 mi
	5.6 Road name changes to Alaskan Way .	0.4 mi
4	6.0 At Royal Brougham Way pick up Bike Trail along Alaskan Way . <i>Olympic Sculpture Park</i> - Entrance to <i>Myrtle Edwards Park</i> .	2.0 mi
5	8.0 Continue north on bike trail through park. Restrooms & Water - <i>Myrtle Edwards Park</i> .	1.4 mi
	9.4 R Exit north-end of park and continue on trail along 16th Avenue W .	0.5 mi
	9.9 Go under Garfield Street Viaduct and continue on trail along RR tracks.	0.9 mi
	10.8 L Just after going over trail bridge over RR tracks go left, circling cargo unloading area and then going south again on trail towards <i>Elliott Bay</i> .	1.0 mi
	11.8 Continue on 23rd Avenue W .	0.2 mi
6	12.0 L <i>Smith Cove Park</i> - Turnaround Point and Rest Stop - Restrooms.	
	12.0 Return on 23rd Avenue W .	0.2 mi
	12.2 Pick up bike trail and circle around cargo unloading area to <i>Magnolia-Seattle Bike Trail</i> going south along RR tracks.	1.0 mi
	13.2 R Onto trail, over RR tracks and under Garfield Viaduct .	0.9 mi
	14.1 R After viaduct continue on trail along 16th Avenue W .	0.5 mi
	14.6 L Enter north-end of <i>Myrtle Edwards Park</i> .	1.4 mi
7	16.0 Exit south-end of park and pick up bike trail along Hwy 99 Viaduct .	2.0 mi
	18.0 Trail ends at Royal Brougham Way - switch to opposite of Alaskan Way and continue south in bike lane till new trail begins.	0.4 mi
	18.4 Road changes to E Marginal Way S .	1.0 mi
8	19.4 R Continue west on bike trail along SW Spokane Street .	1.6 mi
9	21.0 R Stay on bike trail heading north along Harbor Avenue SW .	1.8 mi
	22.8 Road changes to Alki Avenue SW and continues along beach.	1.2 mi
10	24.0 Return to <i>Alki Bakery</i> .	



West Seattle - Smith Cove Park 24 miles

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