

Stanley Park at Lions Gate Bridge - Horseshoe Bay

30 Miles (50 km)

Mile	Instruction	For
1 0.0	Depart <i>Stanley Park</i> on <i>Lions Gate Bridge</i> northbound bike lane.	1.0 mi
2 1.0 R	Exit trail to Kwumkwum Road .	0.1 mi
1.1	Loop under bridge to Bridge Street over <i>Capilano Creek</i> .	0.2 mi
3 1.3 L	Park Royal and pick up bike trail through <i>Ambleside Park</i> .	1.0 mi
4 2.3	Exit trail onto Argyle Avenue and continue.	0.2 mi
5 2.5 L	Bellevue Avenue .	1.9 mi
6 4.4 R	29th Street , then immediate left on Park Lane (Procter Avenue) .	0.4 mi
7 4.8 R	31st Street , then immediate left on Marine Drive .	5.9 mi
8 7.1	Caulfeild Park - Fun side trip via Piccadilly to <i>Lighthouse Park</i> .	
9 10.7 L	Orchill Road (St. Georges Avenue/Nelson Avenue) .	0.7 mi
11.4 R	Chatham Street to Royal Avenue and left on Bay Street .	0.4 mi
10 11.8 L	Return to Nelson Avenue .	0.4 mi
12.2 R	Marine Drive to <i>Whytecliff Park</i> .	1.4 m
11 13.6	Return on Marine Drive back to Nelson Avenue .	1.4 mi
15.0 R	At roundabout, Nelson Avenue (St. Georges Avenue/Orchill Road) .	0.6 mi
12 15.6 R	Marine Drive .	2.5 mi.
13 18.1 L	Westport Road (becomes Woodgreen Drive).	2.0 mi
14 20.1 R	Woodcrest Road (right on Almond Road/Ripple Road).	0.8 mi
15 20.9 L	Westridge Avenue , then right at Southridge Avenue .	1.3 mi
22.2 R	Bayridge Avenue , then left on Mathers Avenue (to 29th Street).	0.8 mi
16 23.0 L	Marine Drive .	0.2 mi
17 23.2 L	28th Street (Lawson Ave) , then right at 27th Street to Haywood Ave .	0.6 mi
18 23.8 L	24th Street , then immediate right on Jefferson Avenue .	0.5 mi
24.3 BR	Inglewood Avenue .	0.7 mi
19 25.0 L	14th Street , then right on Kings Avenue .	0.7 mi
20 25.7 BR	Burley Drive , then left on Inglewood Avenue (3rd Street) .	1.0 mi
21 26.7 L	Keith Rd , right on dirt path to Fullerton Ave and cross <i>Capilano River</i> .	0.4 mi
22 27.1 R	Capilano Road , left on Hope Road , right on Tatlow Avenue .	0.9 mi
23 28.0 R	W 15th Street (Lawa Avenue) .	0.3 mi
24 28.3 R	Lower Capilano Rd , left on Marine Drive , keep right onto clover leaf.	0.5 mi
25 28.8 L	<i>Lions Gate Bridge</i> and pick up bike trail to <i>Vancouver</i> .	1.2 mi
26 30.0	Return to <i>Stanley Park</i> .	



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